Date: ……………………………………

**Silent Starter**

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| 1. What is **NOT** a reason to take performance enhancing drugs?   1. Financial benefits from success 2. Enable them to train harder 3. Develop their technical skills 4. Boost their physical performance | 5. What is an emerging sport?   1. A new sport in the U.K. that does not have many participants. 2. A traditional sport that has been played for a long time in the U.K. that has recently become more popular. 3. A new sport in the U.K. that has enjoyed increased popularity and rising participation in recent years. 4. A new sport in the U.K. with no tournaments or competitions in place as yet. |
| 2. The athletes parade during the opening ceremony best demonstrates which Olympic value?   1. Excellence 2. Determination 3. Inspiration 4. Courage | 6. A teenager spends their spare time volunteering as a coach. Which value is this an example of?   1. Excellence 2. Citizenship 3. Team Spirit 4. Tolerance and Respect |
| 3. Which is an example of gamesmanship?   1. Arguing with the referee 2. Timewasting by kicking the ball out of play 3. Pulling the shirt of an opponent 4. Fouling an opponent | 7. The Olympic symbol of five interlocking rings represents …..   1. The number of Olympic values 2. Five continents that take part 3. Five different ethnic groups 4. Five different categories of Olympic events |
| 4. Work commitments can be a barrier to participating in sport. Which of this is a solution to this barrier?   1. Increased variety of sports 2. Advertising using role models 3. Reduced pricing 4. Better programming of sessions | 8. Which best matches the Olympic creed…   1. Breaking a world record 2. Winning a gold medal 3. Finishing a race after falling badly 4. Finishing 1st in a relay race |