

Parents and Carers Safeguarding Newsletter

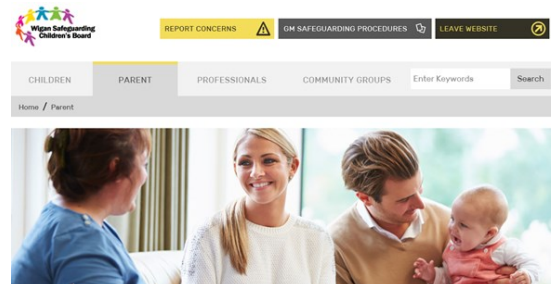


Easter 2019

Who are Wigan Safeguarding Children Board?

Every council in England has a Local Safeguarding Children Board. As well as having an Independent Chair, we are made up of partners from Health and the Police and we work to ensure that children in Wigan are protected from harm. To do this we also work closely with children's Social Care, Schools and Nurseries.

Did you know that as a Parent or Carer you can access our website for advice and support? This can be on a wide range of issues such as bullying, internet safety and much more! Just follow the link: <http://www.wiganlscb.com/Parent/Index.aspx>



Supporting your child's mental health



Kooth is a free, confidential and anonymous online service for young people, specifically developed to make it easy and safe to access mental health support as and when they need it. Once signed up, Kooth users have access to BACP trained counsellors until 10pm, 365 days a year, peer-to-peer support through moderated forums, and a

range of self-help materials, co-written by other young people. You can watch the new Kooth video or read more about Kooth at: <https://kooth.com/>

'For Me' is a FREE app created by teenagers for Childline to support young people via their smartphone.

Childline believe there is an urgent need for young people to have easy access to confidential advice and support.

Read more about it here: <https://www.childline.org.uk/toolbox/for-me/>



Choosing a Home Tutor for your child?

Tutorial sessions offer great ways for children and young people to develop their skills and confidence. But did you know that's there is no requirement for Home Tutors to have the right qualifications or DBS checks? how can you ensure that your children will be happy and protected?

Here are some hints and tips:

- Ask to see a copy of their up to date DBS check in order to ensure that they are considered safe to be working with children.
- Check to see whether the Tutor is properly accredited and qualified by asking to see evidence, such as certificates.
- Ask the Tutor for details of two referees or contact other parents who have used their services.
- Be clear where the tutoring will take place and who will be present. You may wish either to be present in the same room, or to leave the door open and enter the room at random.

Remember a DBS and qualifications are not a substitute for parental vigilance, trust your instincts and don't be afraid to call off any lessons if you, or your child feels uncomfortable.

Choosing a club or out of school activity for your child?

High quality clubs and activities will always welcome questions about their activities, the safety of their environment and the care of your child.

- Can I observe the sessions?
- Is there a policy on safeguarding children?
- Are staff trained in safeguarding and first aid?
- Any written code of conduct for staff and volunteers?
- Is there a health and safety policy in place?
- Who do I speak to if I have any concerns?

Please don't assume that the provision will be safe. Ask the right questions.

Further support can be obtained via the NSPCC Child Protection in Sport Unit:

<https://thecpsu.org.uk/parents/>



Child Protection in Sport Unit