## Long Term Plan: Personal Development

The Westleigh School	HT1 (Week1-7)	HT2 (Week8-15)	HT3 (Week16-21)	HT4 (Week22-27)	HT5 (Week28-32)
YEAR 7	Topic description- Independence and aspirations Developing goal setting, organisation skills and self-awareness: •Transition to high school -Safeguarding in school -What is personal development? Subject Key piece- Long written evaluative piece Literacy focus- • Academic texts • Evaluation skills • Oracy – ability to justify an opinion • Poetry analysis Careers Students will develop skills needed in the following industries: law, media, culture sector, human resources and teaching Enrichment Potential opportunity for visit to religious place of worship.	Topic description- Autonomy and advocacy Developing empathy, compassion and communication: • Making and maintaining friendships • Identifying and challenging bullying • the development of compassion Subject Key piece- Long written evaluative piece Oracy ethical debate on moral dilemmas Literacy focus- • Academic texts • Evaluation skills • Developed writing of an argument • Oracy – ability to justify an opinion Careers Students will develop skills needed in the following industries: Social work, human resources, public services and teaching	Topic description- <b>Choices and influences</b> Developing agency, strategies to manage influence and decision making: • Regulating emotions -What to do if you are feeling upset -emotional changes in puberty Literacy focus- • Academic texts • Evaluation skills • Developed writing of an argument • Oracy – ability to justify an opinion Careers Students will develop skills needed in the following industries: Social work, human resources, public services and teaching Enrichment Visit from external speaker from spectrum	Topic description- Independence and aspirations Developing assertive communication, risk management and support-seeking skills: Puberty Periods Growing up Hygiene Literacy focus- Academic texts Evaluation skills Developed writing of an argument Oracy – ability to justify an opinion	Topic description- Independence and aspirations Developing goal setting, leadership and presentation skills: • Skills for employment • Applying for employment • Online presence and Reputation • Xello Subject Key piece- GMACs piece on careers and aspirations Literacy focus- • Class debate, Presentation, Group discussion • GMACs • Developing longer written answers relating to skills for employment Careers Students will look at their own suited careers through the GMACs portal
YEAR 8	Topic description- Independence and aspirations Developing risk management skills, analytical skills and strategies to identify bias: - Digital and media literacy -Online relationships -managing challenging content -body image -cyber bullying Subject Key piece – Design a design making toolbox. Extended writing on social media. Literacy focus – • how to critically analyse different sources of information • how to assess the reliability of media sources and critique social media content • Developed writing of an argument • Oracy – ability to justify an opinion Careers Students will develop skills needed in the following industries: law, media, culture sector, human resources and teaching	Topic description- Autonomy and advocacy Developing respect for beliefs, values and opinions and advocacy skills: • Stereotypes, prejudice and discrimination - MLK/Holocaust • Promoting diversity and equality (including religion) Subject Key piece – Extended writing 'Analyse whether we need to remember events like the Holocaust' Literacy focus – • communicate concerns about, and challenge, prejudice and discrimination • challenge stereotypes using evaluative arguments in their writing • Academic texts on the civil rights movement Careers Students will develop skills needed in the following industries: Social work, human resources, public services, law and teaching	Topic Description <b>Choices and influences</b> Developing agency and strategies to manage influence and access support: • Engaging in democracy • Debating important issues Subject Key piece- Creating a political party Literacy focus- • Academic text, Research • Method, Evaluation • Class debate, Presentation, Group discussion Careers Students will develop skills needed in the following industries: politics, public services and teaching	Topic description- Autonomy and advocacy Developing goal setting, motivation and self-awareness: Combating discrimination LGBTQ+ Rights Advocating for minority groups Aspiration around careers Assessment: formative assessment throughout, summative linked to PLC Subject Key piece- Extended writing on LGBTQ inclusivity Literacy focus- Academic texts Evaluation skills Developed writing of an argument High level questioning how to critically analyse different sources of information Careers Students will develop skills needed in the following industries: Social work, human resources, public services (such as police) and teaching Enrichment Visit from external speaker from spectrum	Topic description- <b>Choices and influences</b> Developing agency and strategies to manage influence and access support • Researching local social issues • Advocating or raising awareness of social issues • Engaging with charity. Subject Key piece- Extended writing on what the biggest influences are in their life. Literacy focus- • Academic texts • Evaluation skills • Developed writing of an argument • High level questioning Careers Students will develop skills needed in the following industries: Social work, human resources, public services, law and teaching

HT6 (Week33-39)

irations	Topic description- Choices and influences
, leadership and	Developing agency and decision making skills:
ent Reputation	<ul> <li>Drugs, alcohol and tobacco including religious attitudes</li> <li>Religious rules and law</li> <li>Safety and first aid</li> </ul>
rs and	Subject Key piece- Long written evaluative piece Oracy ethical debate
ation, Group	Literacy focus- • Academic text, Research • Method, Evaluation
ten answers oyment	<ul> <li>Class debate, Presentation, Group discussion</li> <li>Ability to analyse sources relating to risk taking behaviours</li> </ul>
r own suited ACs portal	Careers Students will develop skills needed in the following industries: Social work, human resources, public services (such as police) and teaching
	Topic description- Independence and aspirations
d strategies to access support:	
	Independence and aspirations Developing goal setting, leadership and
access support: cial issues	Independence and aspirations Developing goal setting, leadership and presentation skills: • Skills for employment • Applying for employment • Online presence and Reputation
access support: cial issues awareness of	Independence and aspirations Developing goal setting, leadership and presentation skills: • Skills for employment • Applying for employment • Online presence and Reputation • GMACS Subject Key piece-
access support: cial issues awareness of /. at the biggest	Independence and aspirationsDeveloping goal setting, leadership and presentation skills:• Skills for employment • Applying for employment • Online presence and Reputation • GMACSSubject Key piece- GMACs piece on careers and aspirationsLiteracy focus- • Class debate, Presentation, Group discussion • GMACs • Developing longer written answers
access support: cial issues awareness of /. at the biggest e.	Independence and aspirations Developing goal setting, leadership and presentation skills:   Skills for employment Applying for employment Online presence and Reputation GMACS Subject Key piece- GMACs piece on careers and aspirations Literacy focus- Class debate, Presentation, Group discussion GMACs Developing longer written answers relating to skills for employment Careers Students will look at their own suited

	Topic description-	Topic description-	Topic description-	Topic description-	Topic description-	Topic description-
	Autonomy and advocacy	Independence and aspirations	Choices and influences	Autonomy and advocacy	Autonomy and advocacy	Choices and influences
YEAR 9	Developing self confidence, risk management and strategies to manage influence: • Friendship challenges • Gangs and violent crime • Crime and Punishment • Drugs and alcohol • Assertive communication Subject Key piece – Exam style questions including long written evaluative piece Literacy focus- • how to assertively communicate values and beliefs in challenging situations • evaluate attitudes and social norms in relation to substance use Careers Students will develop skills needed in the following industries: Social work, human resources, public services (such as police) and teaching	Developing goal-setting, analytical skills and decision making: • NEEDS CHANGING TO New unit Subject Key piece- GCSE options process Literacy focus- •GMACS • Written evaluation on future influences Careers Students will look at their own suited careers through the GMACs portal	Developing empathy, compassion and strategies to access support: -Wants and needs -Rights and responsibilities -Human rights -Children's rights -What happens when rights are denied Subject Key piece- Exam style questions including long written evaluative piece on Literacy focus- •Project work on human rights that have been denied - research and reading articles Careers Links to law and human rights advocates	<ul> <li>Developing decision making, risk management and support-seeking skills:</li> <li>Avoiding extreme viewpoints</li> <li>Making safe choices online</li> <li>Understanding the signs around radicalisation.</li> </ul> Literacy focus- <ul> <li>Academic text, Research</li> <li>Method, Evaluation</li> <li>Class debate, Presentation, Group discussion</li> </ul> Careers Students will develop skills needed in the following industries: Social work, human resources, public services, law and teaching	Developing assertive communication, clarifying values and strategies to manage influence: • Healthy/unhealthy relationships • Consent • Relationships and sex in the media Subject Key piece- Debate on 'what to watch' Literacy focus- • to evaluate opinions on ethical issues • to build skills in debating and arguments • Class debate, Presentation, Group discussion Careers Students will develop skills needed in the following industries: Social work, human resources, public services (such as police) and teaching Enrichment Visit from external speaker from spectrum	Developing decision making, risk management and support-seeking skills: • Sexually transmitted infections (STIs) • Contraception • Cancer awareness • First aid Subject Key piece - First aid certificate Literacy focus- • Academic text, Research • Method, Evaluation • Class debate, Presentation, Group discussion Careers Students will develop skills needed in the following industries: Social work, human resources, public services (such as police) and teaching Enrichment Visit from external speaker from spectrum