	Autumn		
Group	HT1	HT2	
Croup	Activity 1	Activity 2	
11A/PE1	-To suggest patterns of play & how to outwit opponents Literacy focus: Oracy To talk about ways to improve		
11A/PE2	-To perform a range of skills flently & accurately in practice -To select & perform appropriate warm up & cool down activities -To modify tactics of attacking and defending so they are different to others Literacy focus: Oracy - Be able to comminucate with others during a conditioned	Topic Description: X-Country / Fitness Purpose: -To explain what the fitness components are -To help, praise and encourage others -To say how the body feels before & after a warm up -To know how often to exercise and how to monitor how hard they are working Literacy focus: Oracy -Talk about the components of fitness	Topic Description: Inter- Form Competition Purpose: -To experience competition and demonstrate how to win and lose gracefully - To apply rules

	Topic Description Netball	Topic Description: Tag Rugby	unu	
		Purpose:	sportspersonship	Chri
	perform a range of skills	-To perform a range of skills	- To feel part of a	
	fluently & accurately	fluently & accurately in practice	team	
	-To describe how the body	-To know strengths / limitations	-To help, praise	
	changes before & after	and consider ways to improve	and encourage	\boldsymbol{C}
	exercise	-To suggest patterns of play &	others	
		how to outwit opponents	Literacy focus:	
	defend	Literacy focus: Oracy -To	Oracy - To	
	Literacy focus: Oracy -To	talk about ways to improve	communicate tactics and	
	share ideas			
			encourage team members	
444/550			members	
11A/PE3				
	The state of the s	Topic Description:		
	Purpose:	Football Purpose:		
	-To perform a range of skills	-To perform a range of skills		
		flently & accurately in practice		
	-To use a combination of skills	-To select & perform		
	confidently -To see all new challenges as	appropriate warm up & cool down activities		
	opportunities to learn &	-To modify tactics of attacking		
	develop	and defending so they are		
	Literacy focus:	different to others		
	Oracy -To	Literacy focus: Oracy		
	explain what went well &	- Be able to comminucate with		
	identify even better if	others during a conditioned		
11A/PE4	,	game -Talk		
11741 64		about tactics		
Data Collection	DC1 - 8th Jan			

Spring

HT3

Activity 3

Topic Description: Handball Purpose:

-To perform a range of skills fluently & accurately in practice

-To give & receive feedback to improve performance

Literacy focus:

Oracv - Be able to comminucate with others during a conditioned game -Talk about how others are

performing well

Topic Description Bball Purpose -To perform a range of skills fluently & accurately -To describe how the body changes before & after exercise -To adapt tactics for attack and defend Literacy focus: Oracy

HT4

Activity 4

Topic Description: Softball Purpose: select and apply a range of skills with good control & consistency -To use equipment safely Literacy focus: Oracy -To communicate with players during the game

Topic Description: Cricket Purpose: To perform a range of skills fluently & accurately -To take turns & share equipment -To demonstrate a clear idea of how to outwit opponents Literacy focus: Oracy -To communicate with others during a game ie when to

run

Competition Purpose: -To experience competition and demonstrate how to win and lose gracefully - To apply rules

Topic Description:

Inter-Form

HT5

Activity 5 Topic Description:

Emerging Sports Purpose: -To perform a range of skills fluently & accurately in practice -To give & receive feedback to improve performance Literacy focus: Oracy - Be able to comminucate with others during a conditioned game -Talk about how

others are

performing well

Topic Description: **Emerging Sports** Purpose: -To perform a range of skills fluently & accurately in practice -To give & receive feedback to improve performance Literacy focus: Oracy - Be able to comminucate with others during a conditioned game -Talk about how others are

performing well

lalf Term -To share ideas

Topic Description: X--ebruary Country / Fitness Purpose: -To explain what the fitness components are -To help, praise and encourage others -To say how the body feels before & after a warm up -To know how often to exercise

and how to monitor

how hard they are

working Literacy

focus: Oracy -Talk

about the components of fitness

Topic Description Tramp Purpose: -To perform a range of skills confidently -To perform an appropriate sports specific warm up -To give & receive feedback to improve performce & set challenges Literacy focus: Oracy -To

share ideas

sportspersonship - To feel part of a team -To help, praise and encourage others Literacy focus: Oracy - To communicate tactics and encourage team members

Topic Description Yoga confidently

Purpose: -To perform a range of skills -To perform an appropriate sports specific warm up -To give & receive feedback to improve performce & set challenges Literacy focus: -To share Oracy ideas

Topic Description: Tag Rugby Purpose: -To perform a range of skills fluently & accurately in practice -To know strengths / limitations and consider ways to improve -To suggest patterns of play & how to outwit opponents Literacy focus: Oracy -To talk about ways to improve

Topic Description: Rounders Purpose:-To perform a range of skills fluently & accurately -To adjust rules and simples tactics for batting and fielding Literacy focus: To explain strengths and weakness

Topic Description: Handball Purpose: -To perform a range of skills fluently & accurately in practice -To give & receive feedback to improve performance Literacy focus: Oracy - Be able to comminucate with others during a conditioned game -Talk about how others are performing well

DC2 - 18th March

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		Term
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